



General Multipitch Rock Gear List

Pack:

Option 1: 25-35L and should be able to carry a rope in butterfly coil on the outside. This pack will be worn while climbing the route.

Option 2: 40-60L to carry to the base with an additional pack (carried inside larger pack) 16-25L to be worn while climbing the route.

Technical Gear:

Helmet

Rock climbing harness

Belay device w/ dedicated large pear shaped locking carabiner

1 - 120cm sling w/ dedicated locking carabiner

1 - large pear shaped locking carabiner

Optional: chalk bag

Optional: belay gloves

Layers:

Synthetic base layer or cotton T-shirt*

Fleece layer - a hood is nice feature

Lightweight rain shell

Synthetic climbing pant

Conditions dependent: Insulating layer (i.e. lightweight puffy)

Conditions dependent: Lightweight soft shell - a helmet compatible hood is good

**If you're a really sweaty beast bring a second shirt to replace the one you got sweaty on the approach before starting the climb.*

Footwear:

Rock climbing shoes

Optional: approach shoes

Food/water:

Sandwich or other solid food for lunch that isn't 100% sugar

Some combination of candy bars, Clif bars, Gu, or fancy organic blocks of dried ambivalence

1 to 2 liters of water in nalgene bottle with large opening or collapsible bladder

Misc:

Sunscreen, Lip Balm

Hat with brim for sunny approach or beanie if it's on the cooler side

Wag Bag w/ extra wet wipes

Camera (cell phones get the job done)

Guide will bring rope, rack, and first aid kit.