



Coursework Rock Gear List

Pack:

40-60L to carry to the base with an additional pack (carried inside larger pack) 16-25L to be worn while climbing the route if needed.

Technical Gear:

Helmet

Climbing harness w/ belay loop

Plaquette style belay device

3 - large pear shaped locking carabiners

2 - D shaped locking carabiners

4 - non-locking carabiners

1 - Prusik loop (40 inches of 6mm)

1 - Cordelette (20 feet of 7mm)

1 - 120cm nylon sling

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Optional: trad rack

Optional: chalk bag

Optional: belay gloves

Layers:

Synthetic base layers w/ synthetic pants or cotton T-shirt and shorts

Fleece layer - a hood is nice feature

Lightweight rain shell

Conditions dependent: Insulating layer (i.e. lightweight puffy)

Conditions dependent: Lightweight soft shell - a helmet compatible hood is good

Footwear:

Rock climbing shoes

Optional: approach shoes

Food/water:

Sandwich or other solid food for lunch that isn't 100% sugar

Some combination of candy bars, Clif bars, Gu, or fancy organic blocks of dried ambivalence

1 to 2 liters of water in nalgene bottles or collapsible bladder/bottles

Misc:

Sunscreen, Lip Balm

Hat with brim for sunny approach or beanie if it's on the cooler side

Wag Bag w/ extra wet wipes

Camera (cell phones get the job done)

Guide will bring rope, rack (if necessary), and first aid kit.