



## Backcountry Skiing: Overnight Hut Skiing Equipment and Clothing List

### Pack:

- 30-45L pack.
- \*Avalanche airbag packs are great but not required.

### Technical Gear:

- Skis or Splitboard
- Skins
- Poles – Collapsible or foldable ones preferred but not required.
- Helmet
- Ski/Snowboard crampons (Optional) – Great for Spring conditions otherwise not necessary.
- Goggles
- Beacon, Shovel and Probe (Included with booking)

### Upper Body Layers:

- Base layer – Made of wool or synthetic. No cotton.
- Insulated mid layer – Fleece or a polyester are great options. No cotton.
- Lightweight puffy
- Lightweight hard shell
- Gloves/mittens- One lightweight comfortable set for touring. One warm set for skiing/snowboarding.
- Extra pair gloves/mittens (Optional) – In case other pair becomes wet, damaged, or lost.
- Buff - Consider a thick or light one dependent on temperatures.
- Warm hat or beanie – To wear under helmet while skiing.
- Baseball cap or Sun hat – Nice for the uphill to help block the sun and not overheat.
- Additional warm down puffy – A must for extra cold days or emergencies.

### Lower Body Layers:

- Base layer – Made of wool or synthetic. No cotton.
- Insulated mid layer – Fleece or a polyester are great options. No cotton.
- Lightweight hard-shell pants.
- Ski specific socks – Should rise to your knees or at least above boot. No Cotton.

### Footwear:

- Ski boots – Must be touring specific.
- Snowboard boots – Standard boots are fine.

## Extra Clothing:

Some additional clothing is great to have for overnight stays at huts. They can provide additional comfort for sleeping, lounging, or wet gear.

- Ski socks – An extra pair if one pair gets wet or dirty from multiple days skiing.
- Comfortable top and bottom layer – Such as additional cotton layers or sweatpants. For when you take off that ski gear and want something comfy to lounge in or sleep in at the end of the day.
- Hut slippers – Floors will get wet from snow being tracked in. Slippers are great to wear so you don't get wet socks.

## Sleeping Gear:

**\*1 of the following are required - Sleeping bag, sleeping bag liner or linens:** Thelma, St Paul, OPUS, Artists, Addies, Mountain Belle, Red Mountain Lodge

**\*Sleeping bags required:** Blue Lakes, Burn, Last Dollar, North Pole, Ridgway

- Pillow Cover– Highly recommended at all huts.
- Earplugs (Optional) – Useful to help block out noise when sleeping.
- Headphones (Optional) – For music or your favorite podcast to enjoy at night.

## Food/Water:

**\*Breakfast and Dinner is catered at:** Thelma, OPUS, Red Mountain Lodge. Lunch not included. Catered food can be customized for specific dietary restrictions. Please contact the hut for additional information.

\*For huts that are not catered, we can provide a basic breakfast and dinner for additional cost (\$20/person/day) or please pack your own food for breakfast lunch and dinner.

The following are suggestions for your meal plans:

- Breakfast** – Think lightweight. Instant oatmeal, dehydrated eggs, pancake mix, breakfast bars, granola, dry cereal, tea, coffee, powdered milk, fresh fruit, or dried fruits are some examples.
- Lunch** – Think lightweight. Premade peanut butter and jelly, premade turkey sandwiches, cheese, beef jerky.
- Dinner** – Think lightweight. Packaged meals, pasta, instant rice, ramen noodles, instant soups and sauces, instant stuffing, instant potatoes, tuna, salmon.
- Snacks** – Such as snack bars, trail mix, or dehydrated fruit, nuts are great for in between meals and when touring away from the hut.

## Miscellaneous:

- Personal Toiletries – Items such as tooth brush and toothpaste, personal hygiene, ibuprofen, eye glasses, personnel medication.
- Sunscreen
- Sunglasses

- Lip balm
- Headlamp
- Wag Bag
- Extra batteries – For headlamp, beacon, or other electronics you may have.
- Smart Phone- Great to have for navigation apps and also photos!
- First Aid Kit (Optional) – Specific to ski touring. Items such as moleskin are useful.
- Repair Kit (Optional) -
  - Baling Wire – At least 4ft
  - Zip ties – Cold weather resistant plastic
  - Screws – Specific to your bindings
  - Ski tool or multi tool
  - Ski straps – x4. These have many different applications
  - Duct tape
  - Extra ski pole basket
  - Extra straps and buckles – For snowboarders.
- Toilet paper (Optional)